



Welcome to Lorien Columbia

A 5 Star Facility



LORIEN
COLUMBIA

Care forward.

Welcome



We are here for you. We hope you will find our caring atmosphere beneficial to you and your loved ones. We are here to serve you and will do everything we can to make this transition to your new home as smooth and enjoyable as possible. The following pages include answers to commonly asked questions. If you have any additional questions or concerns, we are just a phone call away, 410.531.5300.

Services Provided

- Korean Specialty Unit
- Ventilator and trach care
- Dialysis
- Rehab
- Long-term care
- Skilled nursing
- Wound care
- IV Therapy





Get Acquainted



Our goal is to provide everything it takes to make your stay pleasant. This information book has been prepared to provide you with important information about what you can expect during your stay with us. It will also identify whom to share any of your concerns or questions with during your stay.

Your Arrival

Upon your arrival our staff will come into your room to complete your initial assessment.

Telephone

The extension to your room will vary by room location, please let our staff know if you require assistance locating your number. If at any time you would like to make a private telephone call simply let a staff member know and a private location with a telephone will be made immediately available to you.

Phone service fees vary from Rehabilitation to LTC units.

Television

The power button is located on your remote control device. The complete list of cable channels available will be provided upon admission.

Wireless Internet

Wireless Internet is available for all residents and visitors. In order to access the service, connect to the wireless network named Lorien. The password to access the network is lorienguest.

Daily Activities

You will receive an activity calendar every month. The calendar will also be posted on the website. We encourage you to attend the scheduled activities. Family and friends are welcome to join!

Resident Council

Resident Council is an opportunity for residents to gather in a private environment to discuss their life at Lorien Columbia. All residents are invited to the Council meetings. The activity calendar serves as the official notice of Resident Council meetings.

Parking

Lorien Columbia visiting hours are from 8:00am to 8:00pm. Visitors and guests are asked to be mindful of the residents when planning a visit. It is often best to visit after 10:00am to allow adequate time for our residents to finish their morning routines of rising, grooming, dressing, and eating. Residents may also be involved with therapy visits in the morning hours and activities throughout the day.

Doors are locked to visitors from 12:00am - 5:00am.

Visitor and guest parking is permitted anywhere in the parking lot.

Please do not park along curbs or in fire zones.

The Fire Department has stipulated that the parking lot must be able to accommodate emergency vehicles at all times.





Services and Amenities



Care Plan Meetings

As a resident of Lorien Columbia, you will be invited to attend a care plan meeting. Care plan meetings promote a venue to discuss your plan of care. The following departments may be represented in the care plan meeting: social services, dietitian, activities, and nursing. If you are receiving rehab services, a representative from the therapy department will also be in attendance.

As a resident of Lorien Columbia, if you remain here long-term care (LTC), additional care plan meetings will be scheduled every ninety (90) days.

In order to accommodate several care plan meetings, meetings are typically held on a designated day and should not exceed 15 minutes.

Rehabilitation

Our skilled rehabilitation team consists of Physical Therapists, Occupational Therapists, and a Speech Language Pathologist. If you have been admitted for short stay rehabilitation, your therapist will see you within 24 to 48 hours of admission. All long term care admissions will be screened after admission and receive the care appropriate to meet their individual needs.

Dialysis

We provide access to on-site hemodialysis for our residents. Our goal is to remove dialysis-related obstacles and challenges that many face, such as inclement weather and transportation issues. We also ensure that our residents receive meals before and/or after their treatments, regardless of the time of day. This service is a unique partnership and is exclusive to our campus.

Physician Services

Upon admission you are assigned to a credentialed physician on our medical staff. That physician or their Nurse Practitioner will see you within 72 hours of your admission. The physician will be following your progress throughout your stay. If you are admitted for sub-acute rehabilitation, the doctor or nurse practitioner will visit weekly.

If you are admitted for Long Term Care you will be visited every month for the first three months and then up to every sixty days thereafter. If there is a specific medical need or issue, that physician will be contacted and you will be visited in a timely manner.

A physician or nurse practitioner is always available to our staff if there is a need.



Dining Services

Dining Services provides three full meals daily, as well as snacks throughout the day. Dining Services follow specific guidelines to ensure that specialized diet needs are met and provided consistently.

The Registered Dietitian reviews every diet to ensure that it meets the American Dietary Association requirements for nutrition and that the resident's dietary needs are met. Every effort is made to ensure that meals are of the highest quality.

Alternate menu selections are available. At the beginning of each week, residents will be given a select menu (depending on diet plan). The select menu will allow residents to choose what they would like to eat for the entire week.

Dining hours are as follows:

Breakfast is served between 7am - 8:30am

Lunch is served between 11am - 1pm

Dinner is served between 4:30 - 6pm

Laundry Services

Upon admission, a possession record and inventory list is completed. We request that all clothing be marked to prevent them from being lost.

For staff to wash your loved one's laundry, each resident will be provided a garment bag labeled with the resident's name.

If family members would like to do their loved ones' laundry, please provide a bin for staff to put clothing in.



Thank you for entrusting your care to Lorien Columbia.

Health and Safety



Smoke Free Facility

Lorien Columbia is a healthcare facility dedicated to resident care and safety. All smoking is prohibited on the property, including electronic cigarettes.

Mail

The Recreation Department will deliver resident's mail upon arrival. There is an outgoing mailbox at the front desk.

Spiritual Support

The monthly activity calendar will reflect weekly religious services and bible study opportunities that are available throughout the week.

Checking Out and Back In

Please note that a doctors order is required for a leave of absence. Please allow 48 to 72 hours notice when requesting a leave of absence.

Discharging

Our Social Services department coordinates your discharge planning and will work with our team to ensure your needs are met when you get home. Your nurse will provide further discharge instructions and any necessary prescriptions. When it is time for you to leave the facility, we can provide Lorien boxes for you to take your belongings home.

Discharges are complete by 11am on the final day of your stay.



For more information about Lorien Columbia please call us at **410.531.5300**

Or visit us on the web at **LorienHealth.com/Columbia**



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6334 Cedar Lane
Columbia, MD 21044

If after your subacute rehabilitation stay at Lorien Columbia, you are in need of Assisted Living, please consider Harmony Hall which is connected directly to Lorien Columbia. For a tour or more information, please call us at **410.531.6000** or visit our website at **LorienHealth.com/harmony-hall**.

Lorien Health Services does not discriminate against any person on the basis of race, color, national origin, disability, or age in admission, treatment, or participation in its programs, services and activities, or in employment. For further information about this policy, contact: Section 504 Coordinator, 410-750-7500, TTY#1-800-735-2258