



**It's not  
senior living.  
It's really living.**



## Activities & Amenities



Available Private Rooms

Restaurant-style Dining approved  
by our In-house Dietician

Advanced therapy equipment—  
HUR, SciFit and NuStep

Wellness Program

Movie Theater

Ice Cream Parlor

Library

Beauty Salon

Therapy Pets

Daily Activities with Off-site Trips

Relaxing Salon & Spa

Spacious Outdoor Courtyard

On-site Religious Services

Laundry & Linen services

Cable TV & Telephone

Free Wi-Fi

Smoke-Free Community

Three Daily Safety Checks

713 Midway Avenue

Mt. Airy, MD 21771

**P** 301.829.6050

**W** [LorienHealth.com](http://LorienHealth.com)



## Life at Lorien Mt. Airy is the definition of enriching.

This is idyllic senior living in a charming, historic community, with thoughtfully designed surroundings, comfortable Assisted Living floor plans, excellent amenities, stimulating activities and Lorien's robust continuum of care. We offer Skilled Nursing, Rehabilitation Therapy and 24-hour nursing coverage in Assisted Living.

Residents here enjoy a movie theater, farm-to-table restaurant-style dining, music in the piano room, fudge sundaes in the ice cream parlor, an Ambassador Club to welcome new members, and more.

The town itself is a true community, of which Lorien Mt. Airy is an integral part, with a library and senior center located nearby.

Enjoy access to wellness and therapy programs offered in a spa-like environment, including some that we've developed with a cognitive therapist, like tai chi and balance exercises.

Skilled Nursing and Rehabilitation Therapy complete the continuum of care. If and when you need it, experienced professionals are here, equipped with advanced technology, deep knowledge and the full offering of Lorien health services, including both Inpatient and Outpatient Rehabilitation Therapy.

*Comfortable, caring and comprehensive. That's life at Lorien Mt. Airy.*

## Health Services



### Sub-Acute Rehab & Skilled Nursing

We offer care and rehabilitation in a way that empowers your loved one's independence. It's care that's advanced and fully individualized, focused and responsive. Our licensed nurses, therapists, social workers, and dieticians take pride in providing warm, compassionate care. Each room features a full, private bath and there are private rooms available.

### Assisted Living

Nestled in the heart of historic Mt. Airy, this is a unique Assisted Living setting, with a supportive combination of assistance and independence. Our floor plans give you the flexibility and the size you need, with studio, larger studio and one-bedroom apartments. We offer 24-hour nursing coverage for your well-being and peace of mind, and easy access to Skilled Nursing through our continuum of care.

### Tracheotomy Care

We offer short and long-term care for tracheotomy patients, with nurses and speech therapists aware of the complexities of care involved.

### Adult Outpatient Rehabilitation

Customized programs for Physical, Occupational and Speech Therapy are all available at Lorien Mt. Airy, developed and provided by licensed staff. We feature specialized equipment including HUR, SciFit and NuStep, and offer a full range of care.

### Physical Therapy

Our physical therapists will use treatment techniques to promote mobility, strength, balance and safety while restoring function, reducing pain and preventing disability.

### Occupational Therapy

Our occupational therapists can help you regain basic self-care skills such as dressing, grooming, bathing and other personal needs during activities of daily living.

### Speech Therapy

Work with our Speech Language Pathologists to strengthen and rehab your voice quality, language, cognition and communication, and also address swallowing disorders.

### Ventilator Care

Lorien was the first in Maryland to offer post-acute respiratory care in a senior environment, and we're still a leader today. Our designated unit features board-certified pulmonologists, a credentialed respiratory therapist on site and nurses for your needs.

### Respite Care

If you're providing care at home and need to arrange for a short stay, Lorien Mt. Airy is ready to help. Our Respite Care services provide the extra support you need for just a few days or as long as a month, in the capable hands of our Skilled Nursing facility.



### Restorative Therapy

For residents who wish to maintain their mobility, balance, and strength, Restorative Therapy is an important therapy option. It supplements occupational and physical therapies with individualized exercise routines, and is administered by Lorien's expert professionals.

### Hospice Care

We offer end-of-life care in our comfortable, modern, fully staffed facility. As with all of the services we offer at Lorien Mt. Airy, our Hospice Care is provided with compassion and experience, fully focused on the needs of each individual and each family.

### Additional Health Services

- Wound Care
- IV Therapy
- Post-discharge Outreach
- Hoyer Lift
- Lorien at Home—Coming soon!

# Care forward.